

JANUARY

2025

"What I feel fortunate about is that I'm still astonished, that things still amaze me. And I think that that's the great benefit of being in the arts, where the possibility for learning never disappears, where you basically have to admit you never learn it."

Milton Glaser



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THIS MONTH'S GOALS:

THIS MONTH'S MAKES AND MILESTONES TO REMEMBER:

TIP: The new year is also a clean start. Change out your needles and rotary cutter blades, etc. It's also a good time to refresh your cutting mat.

NEXT MONTH:

WORD FOR THE YEAR:

FEBRUARY

2025

"Love was a room that appeared
when you stepped into it."
Kaveh Akbar



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THIS MONTH'S GOALS:

THIS MONTH'S MAKES AND MILESTONES TO REMEMBER:

CREATIVE RELIEF: Put down any projects that are giving you a creative road block. Not every project needs to be finished, and some projects benefit from being put on hold.

NEXT MONTH:

MARCH

2025

"I'm not afraid to look like an idiot."
Anthony Bourdain



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THIS MONTH'S GOALS:

THIS MONTH'S MAKES AND MILESTONES TO REMEMBER:

CREATIVE CHALLENGE: Change it up! Take a slightly different route when running your next errand, move around your fabric piles, make some little change that can help you see things a bit differently.

NEXT MONTH:

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APRIL

2025

"Artists don't get down to work until the pain of working is exceeded by the pain of not working."
David Bayles



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THIS MONTH'S GOALS:

THIS MONTH'S MAKES AND MILESTONES TO REMEMBER:

CREATIVE CHALLENGE: Learning something new always helps my creative juices flow. If it's not learning a new technique, it could be reading something by an unfamiliar author, seeking something different to watch or flipping through a magazine for an idea that you haven't yet explored.

NEXT MONTH:



MAY

"Know more, say less."
Matthew Perry

2025



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THIS MONTH'S GOALS:

THIS MONTH'S MAKES AND MILESTONES TO REMEMBER:

STUDIO TIP: Reorganize some fabric. Every time I move things around in my studio, I'm reminded of fabrics and projects I've forgotten.

NEXT MONTH:



JUNE

2025

"The more you adapt, the more interesting you are."
Martha Stewart



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THIS MONTH'S GOALS:

THIS MONTH'S MAKES AND MILESTONES TO REMEMBER:

REMINDER: We see our own work often and up close, which can make us overly critical and unfair in our judgment of it. Remember this and give yourself a break if you are being too hard on yourself!

NEXT MONTH:

JULY
2025

"Your biological age is the number of days you've lived. Your psychological age is the number of thoughts you've entertained. Your sociological age is the number of contributions you've made."
James Clear



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THIS MONTH'S GOALS:

THIS MONTH'S MAKES AND MILESTONES TO REMEMBER:

CREATIVE CHALLENGE: There's nothing more satisfying to me than arranging fabrics in a pleasing order. If you have an unorganized pile of things sitting around, gather them up and see what order you can make from it.

NEXT MONTH:



AUGUST

2025

"The power of story is to heal and to sustain. And if we are brave enough to tell our own story, we realize we're not alone, again and again."
Suleika Jaouad



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THIS MONTH'S GOALS:

THIS MONTH'S MAKES AND MILESTONES TO REMEMBER:

CREATIVE CHALLENGE: Escape to the outdoors. I'm always inspired by nature.

NEXT MONTH:

SEPTEMBER

2025

"But, like ivy, we grow where there
is room for us."
Miranda July



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THIS MONTH'S GOALS:

THIS MONTH'S MAKES AND MILESTONES TO REMEMBER:

CREATIVE CHALLENGE: The end of the year will be here before we know it. I like taking this time to plan out projects to make for others in my life. Thinking of someone else's needs and tastes is a wonderful creative challenge.

NEXT MONTH:

OCTOBER

2025

"Most of life's problems can be solved with a good cookie."
Ina Garten



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THIS MONTH'S GOALS:

THIS MONTH'S MAKES AND MILESTONES TO REMEMBER:

TIP: The holiday season is approaching. Now is a great time to get a holiday-gift-making/giving plan in place. Set realistic expectations so you aren't beating yourself up. Maybe carve out time and a project for yourself.

NEXT MONTH:



NOVEMBER

2025

"I think it's important for people to stay human and remember that genuine human connection is more fulfilling than anything that technology has to offer."

Jon Batiste



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THIS MONTH'S GOALS:

THIS MONTH'S MAKES AND MILESTONES TO REMEMBER:

CELEBRATE YOURSELF: Reflect on the things you've been able to accomplish this year. You are amazing.

NEXT MONTH:



DECEMBER

2025

"How did it get so late so soon?"
Dr. Seuss



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THIS MONTH'S GOALS:

THIS MONTH'S MAKES AND MILESTONES TO REMEMBER:

CREATIVE CHALLENGE: It's the end of the year! Try to slow down this last little bit with a project that fulfills you. Bonus points if it's something you can easily pick up and put back down as you have time for yourself or moments with friends.

NEXT MONTH: